

Weekly Menu

Havenwood of Richfield



	Sun 04-16-2023	Mon 04-17-2023	Tue 04-18-2023	Wed 04-19-2023	Thu 04-20-2023	Fri 04-21-2023	Sat 04-22-2023
B R E A K F A S T	Denver Egg Scramble Hash Browns Fresh Fruit 100% Juices Whole Grain Toast	Bagel and Cream Cheese Yogurt Fresh Fruit 100% Juices	Fluffy Pancakes Bacon Fresh Fruit 100% Juices	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juices	Texas French Toast Sausage Link Fresh Fruit 100% Juices	Hot Cereal Bacon Fresh Fruit 100% Juices Whole Grain Toast	Eggs Benedict Hash Browns Fresh Fruit 100% Juices
L U N C H	Soup Du Jour Cold Italian Chicken Pasta Zesty Cucumber Salad Fresh Fruit Salad	Soup Du Jour Roast Beef Club Sandwich Carrot Sticks Watermelon Salad Classic Rice Krispies Treat	Roasted Corn Bisque Chicken Enchilada Bake Guacamole Five Fruit Salad	Homestyle Vegetable Soup Pasta Carbonara with Spinach and Tomato Alfredo Sauteed Spinach Fruit Toss Cinnamon Pull-Aparts	Navy Bean Soup Grilled Ham and Swiss Sandwich Coleslaw Vinaigrette Apple Slices Sugar Drop Cookie	Soup Du Jour Meat Supreme Pizza Fresh Mixed Vegetable Salad Pears Peanut Butter Pretzel Bar	Soup Du Jour Baked Chicken Tenders and Fries Spring Salad with Balsamic Vinaigrette Grapes Popsicle Bar
D I N N E R	Green Salad Beef Pot Roast Herb Roasted Red Potatoes Harvard Beets Baked Roll Fresh Banana Cream Pie	Green Salad Chicken Bombay Coconut Rice California Blend Baked Roll Peach Cobbler	Green Salad Parmesan Crusted Pork Chops Baked Yams Braised Carrots and Celery Baked Roll Glazed Lemon Pound Cake	Green Salad Hamburger Steak with Gravy Classic Mashed Potatoes Garlic Green Beans Baked Roll Cherry Fluff	Green Salad Chicken with Lemon Pepper Sauce Penne Pasta Herb Roasted Vegetables Baked Roll Chocolate Crunch Pie	Green Salad Seasoned Baked Cod Parsley Potatoes Glazed Baby Carrots Baked Roll Bread Pudding with Vanilla Sauce	Green Salad Pepper Beef Tips over Rice Fresh Asparagus Baked Roll Marble Cake
Milk offered at every meal							Week 2

Dietitian's Signature: *Diana Jager* 4-5-2023
#610128

Weekly Menu

Havenwood of Richfield



	Sun 04-23-2023	Mon 04-24-2023	Tue 04-25-2023	Wed 04-26-2023	Thu 04-27-2023	Fri 04-28-2023	Sat 04-29-2023
B R E A K F A S T	Cheese Omelet Fresh Fruit 100% Juices Whole Grain Toast	Breakfast Bowl Fresh Fruit 100% Juices Whole Grain Toast	Banana Nut Muffin Cottage Cheese Fresh Fruit 100% Juices	Blueberry Pancakes Breakfast Ham Fresh Fruit 100% Juices	Western Breakfast Sandwich Fresh Fruit 100% Juices	Scrambled Egg and Bacon Fresh Fruit 100% Juices Whole Grain Toast	Belgian Waffles Sausage Link Fresh Fruit 100% Juices
L U N C H	Fresh Vegetable Soup Classic Turkey Sandwich Radish Relish Plate Peaches Chocolate Vanilla Pudding Dessert	Vegetable Medley Soup Seasoned Burgers Sauteed Yellow Squash Melon Berry Fruit Bowl	Butternut Squash Soup Chicken Waldorf Salad Assorted Fruit Mini Croissant Roll Soft Ginger Cookie	Vegetable Rice Soup Meat and Potato Casserole Fresh Fruit Cup Baked Roll Chocolate Cupcake	Creamy Tomato Bisque Turkey BLT Wrap Corn O'Brien Cantaloupe Homemade Cookie	Garden Vegetable Soup Italian Lasagna Buttered Zucchini Garlic Breadsticks Mixed Fruit Medley	Potato Spinach Soup Chicken Salad on Croissant Green Beans Potato Chips Orange Fluff Salad
D I N N E R	Green Salad Baked Ham with Mustard Sauce Parmesan Mashed Potatoes Seasoned Cabbage Baked Roll Snickerdoodle Brownie	Green Salad Mandarin Chicken Fried Rice Snap Pea Vegetable Blend Baked Roll Pina Colada Cake	Green Salad Spaghetti and Meatballs Green Beans Italian Garlic Bread Ice Cream Sundae	Green Salad BBQ Pork Tenderloin Fresh Cooked Yams Oven Roasted Broccoli Baked Roll Peach Crumble Pie	Green Salad Hamburger Steak with Gravy Roasted Red Potatoes Peas and Carrots Baked Roll Apple Turnovers	Green Salad Alaskan Fish and Chips Coleslaw Baked Roll Fruit Crisp	Green Salad Lemon Herb Turkey Roast with Gravy Homestyle Stuffing Baked Squash Baked Roll Blueberry Crumb Cake
Milk offered at every meal							Week 3

Dietitian's Signature: *Diane Jager* 4-5-2023
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